

[For Cleaning Tables] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Household

Ingredients

alkanet root

rose pink

rose

linseed oil

vinegar

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe and instructions for a table cleaning solution.

Transcription

For Cleaning Tables

4 Pennyworth of [Alkanet root](#)

2 Pennyworth of Rose Pink
A pint of cold drawn linseed oil
Mix this in a Earthen Pan let
it remain all Night, then rub
some of it over your Tables
with a linnen Rag & when it has

has lain some time rub it up
with a rag if the Tables are
Dirty wash them Clean with
Vinegar before you use it

Annotations

Alkanet root

Of the borage family, the root of alkanna tinctorial was used as a red dye to colour wine, alcoholic tinctures, vegetable oils, varnishes, and cosmetics (lipstick and rouge) and to treat abscesses and inflammation.

For Cleaning Tables recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/284>