[For Cleaning Tables] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors
Contributor Role
Compiler
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Sarah Creighton Wilkins

Publication Format
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Type
Household

Ingredients
alkanet root
rose pink
rose
linseed oil
vinegar

Places
Halifax
Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins
Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe and instructions for a table cleaning solution.

Transcription

For Cleaning Tables
4 Pennyworth of Alkanet root

2 Pennyworth of Rose Pink
A pint of cold drawn linseed oil
Mix this in a Earthend Pan let
it remain all Night, then rub
some of it over your Tables
with a linnen Rag & when it has

has lain some time rub it up
with a rag if the Tables are
Dirty wash them Clean with
Vinegar before you use it

Annotations

Alkanet root

Of the borage family, the root of alkanna tinctorial was used as a red dye to colour to wine, alcoholic tinctures, vegetable oils, varnishes, and cosmetics (lipstick and rouge) and to treat abscesses and inflammation.

For Cleaning Tables recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/284