

# [For a Patient Who Has Symptoms of Stone] Sarah Creighton Wilkins

**Date:** Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Medicine

Symptoms

stones

Ingredients

salt

soda

salt of soda

chamomile flowers

chamomile

oil of juniper

juniper

gum arabic

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Sarah Creighton Wilkins

**Institution:** Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe and instructions for treating symptoms of stone.

## Transcription

For a Patient who has Symptoms  
of Stone

Take of salt of Soda dried & Powder'd  
2 drachms. Extract of Chamomile  
Flowers 3 drachms mix them  
into a mass & add 20 drops of  
vial Oil of Juniper & if there should  
be Occasion Make some good  
gum arabic into a Mucilige  
then divide into 50 pills of which  
take 3 a day twice a day

For a Patient Who Has Symptoms of Stone recipe from Early Modern Maritime Recipes:

<https://emmr.lib.unb.ca/recipes/283>