

[Dr Charles Blick's Receipt for Hands Sore Habitually] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

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Sarah Creighton Wilkins

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Dr. Charles Blick

Publication Format

Manuscript

Type

Medicine

Symptoms

sore hands

Ingredients

brandy

lemon juice

Gowland's lotion

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A remedy to soothe sore hands.

Transcription

D^r Charles Blicks Receipt for
Hands sore habitually
Equal parts of brandy & Limmen
Juice rub them with it night & Morn.
& occasionally with [Gowlands Lotion](#).

Annotations

[Gowlands Lotion](#)

Austenland notes John Corry's description of the caustic lotion developed in 1743, which included mercuric chloride: "There the lotion of Gowland that flays Ladies faces/ Distorting the features of our Modern Graces."

Dr Charles Blick's Receipt for Hands Sore Habitually recipe from Early Modern Maritime Recipes:
<https://emmr.lib.unb.ca/recipes/278>