

# [A Draught] Sarah Creighton Wilkins

**Date:** Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Medicine

Ingredients

calcined magnesia

magnesia

powdered rhubarb

rhubarb

aromatic confection

sugar

white sugar

simple syrup

water

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Sarah Creighton Wilkins

**Institution:** Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A medicine "for a draught," likely a medicine for stomach ailments.

Transcription

Take of

Calcined Magnesia -- 2 Scruples

Powdered Rhubarb - - 15 Grains  
[Aromatic Confection](#) -- ½ a Dram  
Simple Syrup or White Sugar 1 Dram  
Water pure - - - 1 Ounce & ½  
Mix together for a Draught

Annotations

[Aromatic Confection](#)

A medicinal concoction made with sugar and spices.

A Draught recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/274>