

# [Extract of Saturn / The Vegeto Mineral Water] William Paine

**Date:** Written on or after 3 September 1768, the date on notebook. | 1768/09/23

Contributors

Contributor Role

Compiler

Contributor Name

William Paine

Publication Format

Manuscript

Type

Medicine

Symptoms

eruptions

cutaneous eruptions

Ingredients

litharge of gold

litharge

lead oxide

red lead

white wine vinegar

brown paper

water

Places

Lincoln (probably in MA)

**Source:** William Paine Papers

**Institution:** University Of New Brunswick | **Source Origin:** Loyalist Collection | **Reference:** MIC-Loyalist FC LFR.P3W5P3

Description

The recipe is likely from the French surgeon Thomas Goulard, who developed Extract of Saturn (or Extract of Lead) and Vegeto-Mineral Water, which were used for their astringent properties. The marginalia includes Paine

family names.

This recipe appears to have been added to the front of a manuscript that collects lectures.

Second Notebook of Medical Memorada, 1768, Reel 2. Image use courtesy of the American Antiquarian Society.

Transcription

Extract of Saturn

1 lb of Litharge of Gold

12 Quart of white Wine Vinegar 1Extract from M[rs] {...}

Simmer them in an Earthen Vessell for an Hour, stirring

2Sally Paineconstantly with a Wooden Spatula \_\_ Then filter thro'

brown Paper \_\_\_\_\_. when filtered boil in the Vessell for

¼ of an Hour & bottle for Use

The Vegeto Minneral Water

3 [Eliza] Paine100 Drops of the above Extract to 1 Quart of

Water

The use of a Vegeto for Cutaneous Eruptions 4Eliza Jane Chandler

Annotations

Saturn

lead

Litharge of Gold

Lead oxide mixed with red lead.

Extract of Saturn / The Vegeto Minneral Water recipe from Early Modern Maritime Recipes:

<https://emmr.lib.unb.ca/recipes/268>