

# [Medicinal Drink] William Trueman

**Date:** The manuscript is dated 1750, 1771-1772. | 1750/01/01 to 1772/12/31

Contributors

Contributor Role

Compiler

Contributor Name

William Trueman

Contributor Role

Compiler

Contributor Name

John Trueman

Publication Format

Manuscript

Type

Drink

Medicine

Ingredients

wine

camphor

ale

beer

mustard seed

Places

New Brunswick

Yorkshire

**Source:** John and William Trueman Notebook

**Institution:** Mount Allison University Archives | **Source Origin:** Trueman Family Fonds, 1750-1931 |

**Sublocation:** 1. Trueman family notebooks, account books, diaries, and artifacts. 1750, 1771-1883. |

**Reference:** Accession 0102

Description

Instructions for making a medicinal tonic and topical treatment for treating unspecified ailments. The recipe is on folio 8r. Image courtesy of Mount Allison University Archives.

Transcription

Sperels of wine^andcamfar

2 Penneworth in  
3 Pints of alle or bear  
a nunce of muster seed  
bruse it and ty it in  
a Lenen Rag put in  
a yearthen pot bole it  
Half a way Take 3 Tea  
pot full a day at morn  
ing and at 10 and [4]  
afternune 2 doses of  
Juleper and bleed twise  
2 weaks bathe the p^lase  
with a bin rag and  
Leave it on

Medicinal Drink recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/255>