

# [A Popular Remedy for the Rheumatism] Dr. William James Almon

**Date:** Late eighteenth century; exact date unknown. | 1780/01/01 to 1800/01/01

## Compiler

Dr. William James Almon

## Publication Format

Manuscript

## Type

Medicine

## Symptoms

rheumatism

## Ingredients

mustard  
sulphur of antimony  
camphor  
opium  
water  
spirits  
sugar  
salt  
g water

## Places

Halifax  
Nova Scotia

**Source:** Manuscript Notebook of Dr. William James Almon

**Institution:** Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG 1 / Microfilm Reel 10,045

## Description

A recipe for treating rheumatism overlaid with a newspaper clipping, p. 156.

## Transcription

A Popular Remedy for the Rheumatism

1[(a Powder)] Take of mustard three teaspoon^{...}^  
Sulphur of Antimony six  
g[r]ains mix them together  
and [chord] into six [Bons]--  
One to be taken every Morning in [threw] Mouth --  
Take a common Bottle of mustard, salt one handful mix in a bottle  
2[Linniment ] g Water, camphor one drachm, Opium 2 drachms [disposed]  
in a gill of spirits, mix the whole together [& rub] the part

affected with it. If the parts swell add one drachm Sugar

[Newspaper clipping:]

[...] He considered the operations of death upon his system as coeval with the disease; and several hours before his death, after repeated efforts to be understood, succeeded in expressing a desire that he might be permitted to die without further interruption.

During the short period of his illness, he economized his time, in the arrangement of such few concerns as required his attention, with the utmost serenity; and anticipated his approaching Dissolution with every demonstration of that equanimity, for which his whole life has been so uniformly and singularly conspicuous.

**JAMES CRAIK**, Attending Phys'n.

**ELISHA C. DICK**, Consulting Phys'n.

#### **Annotations**

**ELISHA C. DICK:**

Dr. Elisha C. Dick was the mayor of Alexandria, Virginia, USA and a Virginia physician; in particular, he was the attending physician at George Washington's death.

**JAMES CRAIK:**

Dr. James Craik was George Washington's personal physician. He also served as the Physician General (Surgeon General) of the United States Army.

A Popular Remedy for the Rheumatism recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/194>