

# [A Popular Remedy for the Rheumatism] Dr. William James Almon

**Date:** Late eighteenth century; exact date unknown. | 1780/01/01 to 1800/01/01

Contributors

Contributor Role

Compiler

Contributor Name

Dr. William James Almon

Publication Format

Manuscript

Type

Medicine

Symptoms

rheumatism

Ingredients

mustard

sulphur of antimony

camphor

opium

water

spirits

sugar

salt

g water

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Dr. William James Almon

**Institution:** Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG 1 / Microfilm Reel 10,045

Description

A recipe for treating rheumatism overlaid with a newspaper clipping, p. 156.

## Transcription

### A Popular Remedy for the Rheumatism

1(a Powder)Take of mustard three teaspoon<sup>^</sup>{...}<sup>^</sup>  
Sulphur of Antimony six  
g[r]ains mix them together  
and [chord] into six [Bons]--  
One to be taken every Morning in [threw] Mouth --  
Take a common Bottle of mustard, salt one handful mix in a bottle  
2Linniment g Water, camphor one drachm, Opium 2 drachms [disposed]  
in a gill of spirits, mix the whole together [& rub] the part  
affected with it. If the parts swell add one drachm Sugar

[Newspaper clipping:]

[...] He considered the oper-  
-ations of death upon his system as coeval with  
the disease; and several hours before his death,  
after repeated efforts to be understood, succeeded  
in expressing a desire that he might be permitted  
to die without further interruption.

During the short period of his illness, he econ-  
omized his time, in the arrangement of such few  
concerns as required his attention, with the ut-  
most serenity; and anticipated his approaching  
Dissolution with every demonstration of that equa-  
nimity, for which his whole life has been so uni-  
formly and singularly conspicuous.

JAMES CRAIK, Attending Phys'n.

ELISHA C. DICK, Consulting Phys'n.

#### Annotations

##### ELISHA C. DICK

Dr. Elisha C. Dick was the mayor of Alexandria, Virginia, USA and a Virginia physician; in particular, he was the attending physician at George Washington's death.

##### JAMES CRAIK

Dr. James Craik was George Washington's personal physician. He also served as the Physician General (Surgeon General) of the United States Army.

A Popular Remedy for the Rheumatism recipe from Early Modern Maritime Recipes:

<https://emmr.lib.unb.ca/recipes/194>