

[Cure for the Stone] Dr. William James Almon

Date:

Contributors

Contributor Role

Compiler

Contributor Name

Dr. William James Almon

Publication Format

Manuscript

Type

Medicine

Symptoms

stone

kidney stone

bladder stone

Ingredients

horse mint

red onions

green mint

dried herb

Places

Halifax

Nova Scotia

Alexandria

Virginia

United States

America

Source: Manuscript Notebook of Dr. William James Almon

Institution: Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG 1 / Microfilm Reel 10,045

Description

A recipe from Alexandria, USA for dissolving kidney or bladder stones with a description of the decoction's effectiveness, p. 258.

Transcription

Cure for the Stone

“One gill of the expressed juice of horse mint and of red onions to be taken every morning and evening until the complaint be removed.”

A gentleman of Alexandria U. S. A. being urged to a trial of the above mentioned remedy, submitted to it, tho' with some reluctance, as he conceived his term of life to be but short at most. Not having it in his power to procure green mint, so as to get the juice, he used instead thereof, a strong decoction of the dried herb; in other respects strictly adhering to the above prescription, which had the desired effect. He began the experiment in August 1792, and within one week, he had ocular demonstration of dissolution, by the slightest touch of a particle that had passed from him, which continued to do so, without pain or the least obstruction until the stone was entirely dissolved, and the cure completely effectuated before the ensuing spring.

Cure for the Stone recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/182>