

[An Admirable Receipt for a Consumption]

Date: 1774/05/03

Publication Format

Print

Type

Medicine

Ingredients

Madeira wine

balsams of Gilead

tolu

gum olibanum in tears

flowers of Benjamin

Narbonne honey

Canadian maiden hair

capillaire

Places

Nova Scotia

France

Portugal

South America

Canada

Source: Nova Scotia Gazette and the Weekly Chronicle

Institution: Nova Scotia Archives | **Source Origin:** Nova Scotia Newspapers on Microfilm | **Reference:** Microfilm Reels 8155, 8156, 8158

Description

A cure for consumption with ingredients with origins around the world. Vol. 4 No. 189. Microfilm Reel 8155.

Transcription

An Admirable RECEIPT for a Consumption
TAKE of Madeira (or good generous Mountain) wine, two quarts; balsams of Gilead and **Tolu**, each two ounces; gum olibanum in tears, (groisly powdered) two ounces; flowers of Benjamin, half an ounce. Let the mixture stand near the fire for three or four days, frequently shaking the vessel; then add thereto, or **Narbonne** honey, four ounces; extract of Canadian maiden hair, eight ounces. Shake the bottle well, and strain off the liquor. The dose, two tea spoonfuls to be taken once in four hours, in coltsfoot-tea, or water, sweetened with **capillaire**.

Annotations

Tolu:

A South America balsam distilled to an oil for use in cough remedies, skin rash treatments, and perfumery.

Narbonne:

A honey that has been made in Narbonne in southwest France since the 12th century. Often medicinal, its unique flavour comes from Mediterranean scrub, which includes rosemary, thyme, lavender.

capillaire:

"A syrup or infusion of maidenhair fern" (OED).

An Admirable Receipt for a Consumption recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/18>