

[An Admirable Receipt for a Consumption]

Date: 1774/05/03

Publication Format
Print

Type
Medicine

Ingredients
Madeira wine
balsams of Gilead
tolu
gum olibanum in tears
flowers of Benjamin
Narbonne honey
Canadian maiden hair
capillaire

Places
Nova Scotia
France
Portugal
South America
Canada

Source: Nova Scotia Gazette and the Weekly Chronicle

Institution: Nova Scotia Archives | **Source Origin:** Nova Scotia Newspapers on Microfilm | **Reference:**
Consult the Nova Scotia Archives' "Nova Scotia Newspapers on Microfilm" list (Royal Gazette) for a complete account of microfilm reels for this paper. EMMR includes recipes from Microfilm Reels 990, 8155, 8156, 8158, 8162

Description

A cure for consumption with ingredients with origins around the world. Vol. 4 No. 189. Microfilm Reel 8155.

Transcription

An Admirable RECEIPT for a Consumption.
TAKE of Madeira (or good generous Mountain) wine, two quarts; balsams of Gilead and [Tolu](#), each two ounces; gum olibanum in tears, (groisly powdered) two ounces; flowers of Benjamin, half an ounce. Let the mixture stand near the fire for three or four days, frequently shaking the vessel; then add thereto, of [Narbonne](#) honey, four ounces; extract of Canadian maiden hair, eight ounces. Shake the bottle well, and strain off the liquor. The dose, two tea spoonfuls to be taken once in four hours, in coltsfoot-tea, or water, sweetened with [capillaire](#).

Annotations

[Tolu](#)

A South America balsam distilled to an oil for use in cough remedies, skin rash treatments, and perfumery.

[Narbonne](#)

A honey from southwest France produced in Narbonne since the 12th century. Often medicinal, its unique flavour comes from Mediterranean scrub, which includes rosemary, thyme, lavender.

[capillaire](#)

"A syrup or infusion of maidenhair fern" (OED).

An Admirable Receipt for a Consumption recipe from Early Modern Maritime Recipes:

<https://emmr.lib.unb.ca/recipes/18>