## [Cure from Mr. Glennie] Dr. William James Almon

Date: Late 18th century; exact date unknown. Contributors Contributor Role Compiler Contributor Name Dr. William James Almon Contributor Role Author Contributor Name Mr. Glennie **Publication Format** Manuscript Type Medicine **Symptoms** pain gout rheumatism Ingredients alkali water Places Halifax Nova Scotia Source: Manuscript Notebook of Dr. William James Almon **Institution:** Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG 1 / Microfilm Reel 10,045

A recipe to treat gout and rheumatism with alkali dissolved in water, p. 259.

Description

## Transcription

Cure from Mr Glennie

Dissolve about two ounces of the Mineral Alkali in about a quart of Water\_ Take a wine glassful of the solution four or five times [...] in twenty four hours\_. The Alkali substance forms a mild compound with the redundant phosphoric acid in the habit, which is carried off by the Ordinary Evacuations, removing thereby insensibly the pain of the Gout or Rheumatism in a few days.

Cure from Mr. Glennie recipe from Early Modern Maritime Recipes: <a href="https://emmr.lib.unb.ca/recipes/176">https://emmr.lib.unb.ca/recipes/176</a>