# [Cure in Scurvy] Dr. William James Almon

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Symptoms leg swelling edema scurvy lack of strength diathesis

Ingredients lemon saline cream of tartar horse radish

Places Halifax Nova Scotia

**Source:** Manuscript Notebook of Dr. William James Almon

**Institution:** Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG 1 / Microfilm Reel

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# Description

Recommendations for treating scurvy when no lemons are available, p. 64.

# Transcription

There are three Indications of Cure in Scurvy,

Correcting the putrid Diathesis In restoring the strength of the Patient To palliate the Symptoms The Haust. Saline in a state of fermentation is much recommended by Dr. Saunders in this Disease\_\_ but as a Lemon cannot always be had he advises to effervise Cream Tartar with an Alkali \_ this throws out much fixed Air and upon this principle it does good in these cases \_ A Fotus of Horse Reddish is good in edematous swelling of the Legs of scrobutic patients \_

### Annotations

### **Diathesis**

A tendency or predisposition.

### Haust.

Abbreviation for the Latin "Haustus," meaning a draught.

Cure in Scurvy recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/174