

# [Cure in Scurvy] Dr. William James Almon

**Date:** Late 18th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Dr. William James Almon

Publication Format

Manuscript

Type

Medicine

Symptoms

leg swelling

edema

scurvy

lack of strength

diathesis

Ingredients

lemon

saline

cream of tartar

horse radish

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Dr. William James Almon

**Institution:** Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG 1 / Microfilm Reel 10,045

Description

Recommendations for treating scurvy when no lemons are available, p. 64.

## Transcription

There are three Indications of Cure in Scurvy,

1. Correcting the putrid [Diathesis](#)
2. In restoring the strength of the Patient
3. To palliate the Symptoms

The [Haust.](#) Saline in a state of fermentation is much recommended by D<sup>r</sup>. Saunders in this Disease\_\_ but as a Lemon cannot always be had he advises to effervise Cream Tartar with an Alkali \_ this throws out much fixed Air and upon this principle it does good in these cases \_

A Fetus of Horse Reddish is good in edematous swelling of the Legs of scrobutic patients \_

### Annotations

#### [Diathesis](#)

A tendency or predisposition.

#### [Haust.](#)

Abbreviation for the Latin "Haustus," meaning a draught.

Cure in Scurvy recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/174>