

# [Mr. Cook's Remedy for a Cough]

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Publication Format

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Type

Medicine

Symptoms

cough

Ingredients

honey

lemon

saffron

Places

Halifax

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Description

A remedy for a cough from Mr. Cook. Vol. 2.2, No. 54.

Transcription

Mr. COOK'S REMEDY FOR A COUGH

As coughs from catching cold are so very common, let me recommend the following cheap and pleasant receipt as a good remedy for recent ones, especially for infants and young persons.

Boil half a pound of honey; having Skimmed it, throw therein one

lemon with peel and all, first cut  
into thin slices, which boil till  
tender; towards the end add two  
scruples of saffron clipped small.

The patient is to eat some of the  
peel, and take a little of the Syrup often  
to ease and cure the cough.

Mr. Cook's Remedy for a Cough recipe from Early Modern Maritime Recipes:

<https://emmr.lib.unb.ca/recipes/17>