

[Tea of Garden Tanzy for Painful Menses] Dr. William James Almon

Date: Late 18th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Dr. William James Almon

Publication Format

Manuscript

Type

Medicine

Symptoms

painful menses

Ingredients

garden tansy

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Dr. William James Almon

Institution: Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG 1 / Microfilm Reel 10,045

Description

Recommending garden tansy tea as next only to opiates in alleviating menstrual pain, p. 100.

Transcription

-- In the painful

Menses are Opiates, & next to that I know [~~I know~~]a nothing better than the Tea of Garden Tanzy -- made strong and drank warm {bi endie} -- . it seems to have a kind of power to cure the patient and alleviates the pain --.

Tea of Garden Tanzy for Painful Menses recipe from Early Modern Maritime Recipes:

<https://emmr.lib.unb.ca/recipes/168>