

# [To Quench Thirst without Drinking] Dr. William James Almon

**Date:** Late 18th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Dr. William James Almon

Publication Format

Manuscript

Type

Drink

Medicine

Symptoms

thirst

Ingredients

cream of tartar

sugar

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Dr. William James Almon

**Institution:** Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG 1 / Microfilm Reel 10,045

Description

A recipe recommending cream of tartar and sugar to alleviate thirst, p. 78.

Transcription

To quench thirst without drinking

To any quantity of Cream of Tartar add twice  
as much sugar beat fine \_ take as  
much at a time as will lay on an  
English shilling. \_

To Quench Thirst without Drinking recipe from Early Modern Maritime Recipes:  
<https://emmr.lib.unb.ca/recipes/166>