## [To Quench Thirst without Drinking] Dr. William James Almon

Date: Late 18th century; exact date unknown.
Contributors Contributor Role Compiler Contributor Name Dr. William James Almon
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Symptoms thirst
Ingredients cream of tartar sugar
Places Halifax Nova Scotia
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Description
A recipe recommending cream of tartar and sugar to alleviate thirst, p. 78.
Transcription

To quench thirst without drinking

To any quantity of Cream of Tartar add twice as much sugar beat fine \_ take as much at a time as will lay on an English shilling. \_\_

To Quench Thirst without Drinking recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/166