

# [To Prevent Bad Effects or Disasters from His Recipe]

**Date:**

Publication Format  
Manuscript

Type  
Medicine

Symptoms  
rheumatism  
nervous excitement

Ingredients  
bread pills  
catnip tea  
cognac brandy  
cognac  
brandy

Places  
Halifax  
Nova Scotia

**Source:** Almon Family Fonds

**Institution:** Nova Scotia Archives | **Reference:** Microfilm Reel 807

## Description

A recipe offering an antidote from any "bad effects or disasters" that might arise from the prescription of an unnamed physician. The letter was sent to Halifax, likely from a Byles family member in Boston. Series A #3 Letterbook.

## Transcription

nod of approbation to say "I thank you Dr. for yr. compliments" -- By ye. day, as he found me sur-  
-orned wth. such a number of lettrs to answer, he very kindly requested he "might have the  
pleasure of answering one of them for me" & I had almost accepted his obliging offer, when  
ye. sudden thought occured yt. what he wrote might possibly prove a Recipe & if sent to

