

[To Prevent Bad Effects or Disasters from His Recipe]

Date:

Publication Format

Manuscript

Type

Medicine

Symptoms

rheumatism

nervous excitement

Ingredients

bread pills

catnip tea

cognac brandy

cognac

brandy

Places

Halifax

Nova Scotia

Source: Almon Family Fonds

Institution: Nova Scotia Archives | **Reference:** Microfilm Reel 807

Description

A recipe offering an antidote from any "bad effects or disasters" that might arise from the prescription of an unnamed physician. The letter was sent to Halifax, likely from a Byles family member in Boston. Series A #3 Letterbook.

Transcription

nod of approbation to say "I thank you Dr. for y^r. compliments" -- By y^e. day, as he found me sur-
-ourned wth. such a number of lett^{rs} to answer, he very kindly requested he "might have the
pleasure of answering one of them for me" & I had almost accepted his obliging offer, when
y^e. sudden thought occured y^t. what he wrote might possibly prove a Recipe & if sent to
Halifax might occasion a combustion amongst you & excite y^r. nervous system so much
as to bring on y^e. Rheumatix. - I beg if you s^d. receive such a paper from y^e. Dr. to pre-
-vent very bad effects or disasters from his Recipe, I beg, I say, you will immediately
use y^e. following prescription. Take one or two bread pills, or a few drafts of ice of
{...} in a tablespoon full of Katnup tea well pulverized or sifted & swal-
-low it down as quick as possible, & dilute wth three pints of best coniac Brandy,
I dare say when night comes on you'll sleep as sound as a roach, & rise in y^e. morning
very comfortable, so as to attend to y^r. hay-making business wth. as much alac-
-rity as usual, that is, I mean, if you don't eat salt-pork pie or lobster
broth for y^r. breakfast-- should y^e. above prescription fail, apply to me & I
will think of something else for you; don't be afeard it will kill you, but I
will do y^e. best in my power. It is now y^e. first day of Autumn, w^{ch}. perhaps

you may recolect {∴} formerly was September; & I suppose ^[it] is called {...} at present: I am sure it is y^e. next month to August the 22^d. day of w^{ch}. was my birthday, as y^e. 21th was y^e. birth day of my gracious Sovereign King William y^e. Fourth, for I was quite willing y^t. his Majesty w^d. be born the day before me. --

But is time I s^d. close this & go by the Cordelia, by whom I hope you
Will receive it safe, from: your aunt, C. [Foy]

To Prevent Bad Effects or Disasters from His Recipe recipe from Early Modern Maritime Recipes:
<https://emmr.lib.unb.ca/recipes/160>