

[Blackberry Jelly to Treat Nephritic Complaints] Mather Byles

Date: 1785/12/01

Contributors

Contributor Role

Author

Contributor Name

Mather Byles

Publication Format

Manuscript

Type

Food

Medicine

Symptoms

rheumatism

cold

pain

nephritic disorders

Ingredients

blackberry jelly

Places

Halifax

Nova Scotia

Boston

Massachusetts

America

Source: Almon Family Fonds

Institution: Nova Scotia Archives | **Reference:** Microfilm Reel 807

Description

A letter extolling the benefits of blackberry jelly in relieving nephritic disorders written by Loyalist clergyman Rev. Dr. Mather Byles to his Boston sisters, 1 December 1785. Series A 1993 35 D. See also the Byles' excerpts "Lime-Water Cure for the Stone" and "Treatment and Precaution for Being Disordered" as well as the

Almon Family Scrapbook's "Receipt to Make Blackberry Jelly: An Approved Medicine for Nephritic Disorders."

Transcription

At the Close of the year, I had a severe cold & an Attack from the Rheumatism. Rheumatisms & Rum-matisms are the two Endemial Diseases of Halifax. The Night between the two years was spent in extreme Pain: but without any Mix-ture of my nephritic Complaints, which I have as yet had no symptom of, since my constantly taking Blackberry Jelly. It is now Jan. 11th. I am now well, & all my Family: & we unite in Duty to our venerable Parent, & the most affectionate Regards to you.

M. Byles

Blackberry Jelly to Treat Nephritic Complaints recipe from Early Modern Maritime Recipes:
<https://emmr.lib.unb.ca/recipes/159>