

[Blackberry Jelly to Treat Nephritic Complaints] Mather Byles

Date: 1785/12/01

Author

Mather Byles

Publication Format

Manuscript

Type

Food

Medicine

Symptoms

rheumatism

cold

pain

nephritic disorders

Ingredients

blackberry jelly

Places

Halifax

Nova Scotia

Boston

Massachusetts

America

Source: Almon Family Fonds

Institution: Nova Scotia Archives | **Reference:** Microfilm Reel 807

Description

A letter extolling the benefits of blackberry jelly in relieving nephritic disorders written by Loyalist clergyman [Rev. Dr. Mather Byles](#) to his Boston sisters, 1 December 1785. Series A 1993 35 D. See also the Byles' excerpts "[Lime-Water Cure for the Stone](#)" and "[Treatment and Precaution for Being Disordered](#)" as well as the Almon Family Scrapbook's "[Receipt to Make Blackberry Jelly: An Approved Medicine for Nephritic Disorders.](#)"

Transcription

At the Close of the year, I had a severe cold & an Attack from the Rheumatism. Rheumatisms & Rum-matisms are the two Endemial Diseases of Halifax. The Night between the two years was spent in extreme Pain: but without any Mix-ture of my nephritic Complaints, which I have as yet had no symptom of, since my constantly taking Blackberry Jelly. It is now Jan. 11th. I am now well, & all my Family: & we unite in Duty to our venerable Parent, & the most affectionate Regards to you.

M. Byles

Blackberry Jelly to Treat Nephritic Complaints recipe from Early Modern Maritime Recipes:
<https://emmr.lib.unb.ca/recipes/159>