

[Treatment and Precaution for Being Disordered] Mather Byles

Date: 1785/10/03

Author

Mather Byles

Publication Format

Manuscript

Type

Medicine

Symptoms

disorder

Ingredients

marshmallow

lime water

sapo

Places

Halifax

Nova Scotia

Boston

Massachusetts

America

Source: Almon Family Fonds

Institution: Nova Scotia Archives | **Reference:** Microfilm Reel 807

Description

Excerpt of a letter written by Rev. Dr. Mather Byles confirming the use of marsh mallow, lime-water, and sapo when disordered. Series A #4 Letters. See also Byles' excerpts "[Lime-Water Cure for the Stone](#)," "[Blackberry Jelly to Treat Nephritic Complaints](#)," and the Almon Family Scrapbook's "[Receipt to Make Blackberry Jelly: An Approved Medicine for Nephritic Disorders](#)."

Transcription

[. . .] I & my Family are in perfect Health, & we are in comfortable circumstances. **Marsh-Mallows**, I have frequently tried, when I have been disordered; & I am now using the Precautions of Lime-Water & Pill Sapo.

Annotations

Marsh-Mallows:

A Manual of Materia Medica, by John Aikin (1785) defines marsh mallow as "a perennial plant, growing in marshes" (13); it was traditionally used to treat gastrointestinal disorders.

Treatment and Precaution for Being Disordered recipe from Early Modern Maritime Recipes:
<https://emmr.lib.unb.ca/recipes/158>