

# [Cymballs]

**Date:** Not dated, written between 1780-1800. | 1780/01/01 to 1800/01/01

Publication Format  
Manuscript

Type  
Food

Ingredients  
flour  
butter  
spice  
rose water  
wine  
brandy  
sugar  
eggs  
milk

Places  
Halifax  
Nova Scotia

**Source:** Almon Scrapbook

**Institution:** Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG1 Vol. 14 / Microfilm Reel 14,894

Description

A copy of [Cymballs \(II\)](#), a recipe for a sweet that includes brandy and wine, p. 120.

Transcription

Cymballs.

2lb Flour rub in ¼ lb of Butter  
spice, rose water, wine, brandy,  
sugar to your taste, 3 eggs.  
milk.

Cymballs recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/157>