

[Cymballs]

Date: Not dated, written between 1780-1800. | 1780/01/01 to 1800/01/01

Publication Format

Manuscript

Type

Food

Ingredients

flour

butter

spice

rose water

wine

brandy

sugar

eggs

milk

Places

Halifax

Nova Scotia

Source: Almon Scrapbook

Institution: Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG1 Vol. 14 / Microfilm Reel 14,894

Description

A copy of [Cymballs \(II\)](#), a recipe for a sweet that includes brandy and wine, p. 120.

Transcription

Cymballs.

2lb Flour rub in ¼ lb of Butter
spice, rose water, wine, brandy,
sugar to your taste, 3 eggs.
milk.

Cymballs recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/157>