[Cymballs]

Date: Not dated, written between 1780-1800. | 1780/01/01 to 1800/01/01

Publication Format
Manuscript

Type
Food

Ingredients
flour
butter
spice
rose water
wine
brandy
sugar
eggs
milk

Places
Halifax
Nova Scotia

Source: Almon Scrapbook
Institution: Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG1 Vol. 14 / Microfilm Reel 14,894

Description

A copy of Cymballs (II), a recipe for a sweet that includes brandy and wine, p. 120.

Transcription

Cymballs.

2lb Flour rub in ¼ lb of Butter
spice, rose water, wine, brandy,
sugar to your taste, 3 eggs.

milk.

Cymballs recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/157