

[Cymballs (II)]

Date: Not dated, written between 1780-1800. | 1780/01/01 to 1800/01/01

Publication Format

Manuscript

Type

Food

Ingredients

flour

butter

spice

rose water

wine

brandy

sugar

eggs

milk

Places

Halifax

Nova Scotia

Source: Almon Scrapbook

Institution: Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG1 Vol. 14 / Microfilm Reel 14,894

Description

A copy of a recipe for [Cymballs](#), a sweet that includes wine and brandy, p. 120.

Transcription

Cymballs

2lb flour, rub in ¼ lb of butter, spice, rose water, wine, brandy
sugar to your taste, 3 eggs, milk.

Cymballs (II) recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/156>