

[A Baratsky Tea-Drinking]

Date: These dates are indicated on this weekly publication. | 1769/03/07 to 1769/03/14

Publication Format

Print

Type

Drink

Ingredients

water

coarse Bohea tea

salt

cream

Places

Halifax

Siberia

China

Source: Nova Scotia Chronicle and Weekly Advertiser

Institution: Nova Scotia Archives | **Source Origin:** Nova Scotia Newspapers on Microfilm | **Reference:** Microfilm Reel 8155

Description

This appears after an account of the "Baraty Tartars, by a Traveller." The Baraty (or Buraty) are said to be natives of Siberia. Vol. 12, No. 88.

Transcription

A Baratsky Tea Drinking

Our horses having swam the river, we went into one of the Buratsky tents, till they were dried. The hospital land-lady immediately set her kettle on the fire, to make tea; the extraordinary cookery of which I cannot omit describing. After placing a large iron kettle over the fire, she took care to wipe it very clean with a horse's tail, that hung in a corner of the tent for that purpose; then the water was put into it, and soon after, some coarse Bohea tea, which is got from Chi-

na, and a little salt. When near boiling, she took a large brass laddle and tossed the tea, till the liquor turned very brown. It was now taken off the fire, and after subsiding a little, was poured clear into another vessel. The kettle being wiped clean with the horse's tail, as before, was again set upon the fire. The mistress now prepared a paste, of meal and fresh butter, that hung in a skin near the horse's tail, which was put into the kettle and fried. Upon this best the tea was again poured; to which was added some good thick cream, taken out of a clean sheep's skin, which hung upon a peg among the other things. The ladle was again employed, for the space of six minutes, when the tea, being removed from the fire, was allowed to stand a while in order to cool. The landlady now took some wooden cups, which held about half a pint each, and served her tea to all the company. The principal advantage of this tea is, that it both satisfies hunger and quenches thirst. I thought it not disagreeable; but should have liked it better had it been prepared in a manner a little more cleanly. Our bountiful hostess, however, gave us a hearty welcome; and, as these people know not the use of money, there was nothing to pay for our entertainment. We only made her a present of a little tobacco to smoke, of which these people are very fond. I have given this receipt with a view that some American ladies may improve upon it.

A Baratsky Tea-Drinking recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/15>