

[Nuns Cakes]

Date: Not dated, written between 1780-1800. | 1780/01/01 to 1800/01/01

Publication Format

Manuscript

Type

Food

Ingredients

sugar

flour

butter

currants

nutmeg

rose water

eggs

Places

Halifax

Nova Scotia

Source: Almon Scrapbook

Institution: Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG1 Vol. 14 / Microfilm Reel 14,894

Description

A recipe for a cake that includes ten eggs and a whole pound of sugar, p. 122.

Transcription

Nuns Cakes.

One Pound of Sugar. 1 Pound of Flour, ½ pound of Butter.

½ Pound of Currants. 1 Nutmeg. 1 Glass Rose Water. 10

Eggs take out half the Whites. Beat the Butter & Sugar together

Nuns Cakes recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/145>