

[To Carry Fish Alive to a Great Distance]

Date: 1791/03/26

Publication Format
Print

Type
Food
Miscellaneous

Ingredients
sugar candy
saltpeter
wheat flour
water
white bread
white bread crumbs

Places
Halifax
Nova Scotia

Source: Weekly Chronicle

Institution: Nova Scotia Archives | **Source Origin:** Nova Scotia Newspapers on Microfilm

Description

Instructions for using a mixture of sweet and salt to preserve live trout for transport. Vol. 5, No. 2. Microfilm Reel 8165.

Transcription

To carry FISH alive to a great Distance.
TAKE an ounce of white sugar-candy, and as much salt-petre as is about the size of walnut, and as much wheat flour; mix them together, and put the mixture in a little bottle in your pocket.

This quantity is sufficient for a pail of water

Having provided a convenient vessel to carry the fish, and put in it some white bread crumbled when the water begins to grow warm, and the fish put up their heads to the top, then add a small quantity of this powder into the water, which cools it and preserves the fish.

The water, if possible, should be changed every four or five miles, and the powdered salt petre, &c. added as often as you see occasion.

By these means trout may be brought above 4[--] miles, alive and well.

To Carry Fish Alive to a Great Distance recipe from Early Modern Maritime Recipes:
<https://emmr.lib.unb.ca/recipes/132>