

[Receipt to Make Blackberry Jelly: An Approved Medicine for Nephritic Disorders]

Date: Not dated, written between 1780-1800. | 1780/01/01 to 1800/01/01

Publication Format
Manuscript

Type
Food
Medicine

Symptoms
nephritic disorders
kidney stones

Ingredients
blackberries

Places
Halifax
Nova Scotia

Source: Almon Scrapbook

Institution: Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG1 Vol. 14 / Microfilm Reel 14,894

Description

Instructions for making blackberry jelly to be taken as a remedy for kidney stones, p. 120. See excerpts from Rev. Dr. Mather Byles, "[Blackberry Jelly to Treat Nephritic Complaints,](#)" "[Treatment and Caution for Being Disordered](#)" and "[Lime-Water Cure for the Stone.](#)"

Transcription

Receipt ^Try the Pen, My dears Try the Pen To make Blackberry Jelly: an approved
Remedy for Nephritic Disorders.

Take Blackberries before they are quite ripe, when turned red,
Pick them & put them in a {...} tie them up close & put
them in a Kettle of water, let them stand over a fire till
they are reduced to a pulp, then strain them to a pint of
Juice, rub a pound of powdered sugar, Boil it to a Jelly,
& put it up for Use. Take the quantity of a large
nutmeg, every night going to Bed. *stone pot

Receipt to Make Blackberry Jelly: An Approved Medicine for Nephritic Disorders recipe from Early Modern
Maritime Recipes: <https://emmr.lib.unb.ca/recipes/126>