

# [Receipt to Make Blackberry Jelly: An Approved Medicine for Nephritic Disorders]

**Date:** Not dated, written between 1780-1800. | 1780/01/01 to 1800/01/01

Publication Format  
Manuscript

Type  
Food  
Medicine

Symptoms  
nephritic disorders  
kidney stones

Ingredients  
blackberries

Places  
Halifax  
Nova Scotia

**Source:** Almon Scrapbook

**Institution:** Nova Scotia Archives | **Source Origin:** Almon Family Fonds | **Reference:** MG1 Vol. 14 / Microfilm Reel 14,894

## Description

Instructions for making blackberry jelly to be taken as a remedy for kidney stones, p. 120. See excerpts from Rev. Dr. Mather Byles, "[Blackberry Jelly to Treat Nephritic Complaints](#)," "[Treatment and Caution for Being Disordered](#)" and "[Lime-Water Cure for the Stone](#)."

## Transcription

Receipt ^Try the Pen, My dears Try the Pen To make Blackberry Jelly: an approved  
Remedy for Nephritic Disorders.  
Take Blackberries before they are quite ripe, when turned red,  
Pick them & put them in a {...} tie them up close & put

them in a Kettle of water, let them stand over a fire till they are reduced to a pulp, then strain them to a pint of Juice, rub a pound of powdered sugar, Boil it to a Jelly, & put it up for Use. Take the quantity of a large nutmeg, every night going to Bed. \*stone pot

Receipt to Make Blackberry Jelly: An Approved Medicine for Nephritic Disorders recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/126>