

# [Emulsio Communis] William Paine

**Date:** The cover of the notebook is dated 1769. | 1769/01/01 to 1769/12/31

## **Compiler**

William Paine

## **Publication Format**

Manuscript

## **Type**

Medicine

## **Ingredients**

sweet almonds

gum arabic

sugar

barley water

**Source:** William Paine Papers

**Institution:** University Of New Brunswick | **Source Origin:** Loyalist Collection | **Reference:** MIC-Loyalist FC LFR.P3W5P3

## **Description**

Instructions for making an emulsion of almonds and barley water. First Notebook of Medical Memorada, 1769, Reel 2. Image use courtesy of the American Antiquarian Society.

## **Transcription**

Julepa Emulsiones

Emulsio communis

Take of sweet Almonds, blanched one  
Ounce of G. Arabic half an Ounce of  
double refined Sugar six Drams of  
Barley Water one Quart -- Dissolve the  
Gum in the Barley Water, Hot, and  
when cold, pour it gradually on y<sup>e</sup>  
Almonds pounded w<sup>th</sup> Sugar rub:  
:bing them together that the Liquor  
may grow milky, then strain of.

Haustus et Misturi

[untranscribed Latin remedies]

Emulsio Communis recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/116>