

[Sucous Betae] William Paine

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Contributors

Contributor Role

Compiler

Contributor Name

William Paine

Publication Format

Manuscript

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Medicine

Ingredients

beet

Source: William Paine Papers

Institution: University Of New Brunswick | **Source Origin:** Loyalist Collection | **Reference:** MIC-Loyalist FC LFR.P3W5P3

Description

Instructions for using beet juice to be taken nasally. First Notebook of Medical Memorada, 1769, Reel 2. Image use courtesy of the American Antiquarian Society.

Transcription

Sucous Betae 1 Infusiiones Decocta Cerevifriae Juscula Sera et Succ

Take a Beet pair and wash it clean
then bruise it and express ye Juice__.

Dose. a tea Spoonfull, table to be snuffed up
the Nose for an Errhine.

Annotations

[Sucous Betae](#)

Latin: the juice of beetroot.

Errhine

A medicine used to increase nasal discharge and induce sneezing.

Sucous Betae recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/115>