

[A Receipt to Make Spruce Beer from the Essence of Spruce] William Paine

Date: The notebook is dated 1769 on the first page. | 1769/01/01 to 1769/12/31

Compiler

William Paine

Publication Format

Manuscript

Type

Drink

Ingredients

water
essence of spruce
molasses
yeast

Source: William Paine Papers

Institution: University Of New Brunswick | **Source Origin:** Loyalist Collection | **Reference:** MIC-Loyalist FC LFR.P3W5P3

Description

Instructions for making spruce beer. The recipe has been divided between two loose sheets that have been reversed in order. The transcription revises the order for sense. First Notebook of Medical Memorada, 1769, Reel 2. Image use courtesy of the American Antiquarian Society.

Transcription

A Receipt to make spruce beer from the Essence of spruce 1[Infusiones Decata Cerevifiae Fuscula Sera et Succu]

Take _____ 2 Gall^s: boiling Water
1 Gall: essence } mix well together in a
2 quarts molasses } large tubb_____

Then add __ 8 Gall^s: more of cold water and put it into
your cask, adding to it about a pint of
Yeast to make it foment you must be

carefull it don't foment too much, when
you think it has undergone a sufficiant
fomentation bung it up tight and bottle
it of[f] the next day.

From the above proportion you may make either
a Larger or Smaller quantity.

A Receipt to Make Spruce Beer from the Essence of Spruce recipe from Early Modern Maritime Recipes:
<https://emmr.lib.unb.ca/recipes/114>