

# [To Make Milk-Water, Very Useful in All Sorts of Fevers and Consumptions]

**Date:** Published sometime in 1791. | 1791/01/01 to 1791/12/31

Publication Format

Print

Type

Medicine

Symptoms

fever

consumption

Ingredients

cardus

rue

goat's rue

angelica

wormwood

mint

balm

milk

sugar

Places

Nova Scotia

**Source:** Nova Scotia Calender, or an Almanack [...] by Metonicus

**Institution:** Nova Scotia Archives | **Reference:** AK.AY.N85M / No Microfilm Available

Description

A milk-based concoction for treating fevers and consumption.

Transcription

*To make Milk-water, very useful in all sorts of Fevers and consumptions.*

Take of cardus, two handfuls; of rue, goat's rue, angelica, wormwood, mint, and balm, of each one handful; put them all, being

well bruised, into a cold still, with a gallon of milk, and draw off with a very gentle fire, lest it should run thick; you may draw off almost three quarts, drink a glass of it at any time, sweetened with sugar.

To Make Milk-Water, Very Useful in All Sorts of Fevers and Consumptions recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/109>