[To Make Milk-Water, Very Useful in All Sorts of Fevers and Consumptions]

Date: Published sometime in 1791. | 1791/01/01 to 1791/12/31

Publication Format
Print

Type
Medicine

Symptoms
fever
consumption

Ingredients
cardus
rue
goat's rue
angelica
wormwood
mint
balm
milk
sugar

Places
Nova Scotia

Source: Nova Scotia Calender, or an Almanack [...] by Metonicus (print)
Institution: Nova Scotia Archives | **Reference:** AK.AY.N85M / No Microfilm Available

Description

A milk-based concoction for treating fevers and consumption.

Transcription

To make Milk-water, very useful in all sorts of Fevers and consumptions.

Take of cardus, two handfuls; of rue, goat's rue, angelica, wormwood, mint, and balm, of each one handful; put them all, being well bruised, into a cold still, with a gallon of milk, and draw off with a very gentle fire, lest it should run thick; you may draw off almost three quarts, drink a glass of it at any time, sweetened with sugar.

To Make Milk-Water, Very Useful in All Sorts of Fevers and Consumptions recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/109